

Authentic Italy Mini-Guide



Borgotaro & the Wild Heart of the Apennines

Hidden Emilia-Romagna: Truffles, Forest Trails & Village Traditions

Nestled in the green folds of the Apennine foothills, Borgotaro is a gateway to a quieter, earthier side of Italy. Here, ancient forests hide truffles and porcini mushrooms, stone villages keep centuries-old traditions alive, and life moves to the rhythm of mountain air.

Getting There

- **By Train:** From **Parma**, take the regional train to **Borgotaro** (approx. 1h 30min). The line winds through pastoral landscapes and mountain tunnels before delivering you to the village's charming station

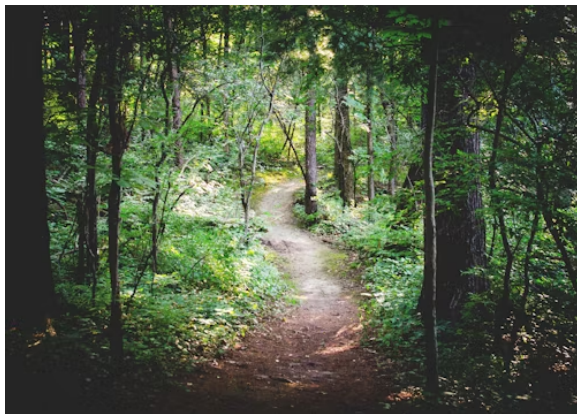
Where to Stay (with Websites)

- **Agriturismo Ca' Bianca**
A family-run farmhouse just 5 km from Borgotaro, offering cozy, antique-furnished rooms and home-grown seasonal cuisine.
(Listed on agriturismo.com) en.agriturismo.comvisitaly.com
- **Albergo Roma**
A small, elegant hotel in the historic centre. The 24 modern-comfort rooms make it ideal for a tranquil, authentic stay.
(Official site provided) nuovoalbergoroma.it
- **B&B Il Portello**
Located in the heart of Borgotaro's old town, this B&B features 4 doubles and 1 single, a shared kitchen, and beautifully frescoed décor.
(Official site available) B&B Il Portello
- **Società Agricola Cacigolara**
A charming countryside farmhouse with a pool, restaurant, terrace, garden, bar...and even yurts! Highly rated (9.1/10) for its warm, rustic hospitality.
(Booking.com listing) Booking.com

Seasonal Highlights

- **Autumn Truffle Hunting:** Join local experts and their dogs to uncover prized white and black truffles.
- **Mushroom Festivals:** In late summer and early autumn, the town celebrates its **Porcini Mushroom IGP** with markets, tastings, and cooking demos.

Outdoor Adventures



- **Hiking Trails:** Explore well-marked routes through chestnut groves and panoramic ridges. Popular treks include routes to Monte Molinatico and along the Taro River.
- **Scenic Picnics:** Stop at mountain meadows with sweeping valley views.

Easy Day Trips

- **Compiano Castle:** Medieval fortress perched above a picturesque hamlet.
- **Bedonia:** Small town with a charming piazza and local history museum.

Slow Travel Tips

- Stay at least 3–4 nights to fully enjoy the pace of village life.
- Visit the weekly markets for fresh cheese, cured meats, and seasonal produce.
- Chat with locals in cafés — many are eager to share stories and regional folklore.

Borgotaro Travel Phrases – Pocket Book



1. Dove posso trovare il sentiero per...?

Where can I find the trail to...?

(DOH-veh POHS-so tro-VAH-re eel sen-TYEH-ro pehr...?)

2. Posso prenotare per la cena stasera, grazie?

Can I book for dinner, please

(POH-sso preh-noh-TAH-reh pehr lah CHEH-nah, staSERAH.)

3. Avete piatti tipici con funghi o tartufi?

Do you have typical dishes with mushrooms or truffles?

(Ah-VEH-teh PYAHT-tee TEE-pee-chee con FOON-ghee oh tar-TOO-fee?)

4. Qual è il modo migliore per arrivare a...?

What's the best way to get to...?

(Kwahl eh eel MOH-doh mee-LYOH-reh pehr ah-ree-VAH-reh ah...?)

5. Che bel posto! È la mia prima volta qui.

What a beautiful place! It's my first time here.

(Kay bell POH-stoh! Eh lah MEE-ah PREE-mah VOL-tah kwee)